

Class Dates:

Precourse:

Monday, February 25, 2008
7:30pm-8:30pm

Class times:

Wednesday, February 27, 2008
6:00pm-9:00pm

Thursday, February 28, 2008
6:00pm-9:00pm

Friday, February 29, 2008
5:00pm-10:00pm

Wednesday, March 5, 2008
6:00pm-9:00pm

Thursday, March 6, 2008
6:00pm-9:00pm

Friday, March 7, 2008
5:00pm-10:00pm

Saturday, March 8, 2008
9:00am-6:00pm (lunch break incl.)

**Space is
limited to
10 students!**

Final Skills Test:

Saturday, March 8, 2008

Dear Lifeguard Candidate:

Since 1914 the American Red Cross has been training lifeguards to keep swimmers safe and save lives! The YMCA also developed a lifesaving service and has been training lifeguards for over 90 years. Together, these organizations form a great team to train lifeguards across the country.

Here at the YMCA of Greenville, we follow that tradition by offering an intense lifeguard training that will develop vigilant lifeguards out of teenagers or adults. Each American Red Cross Instructor is trained to hold a high standard of performance for all students, but is willing to work with each student in order to develop these skills.

Since lifeguards are trained to respond to emergencies in the same capacity as firemen and policemen, the American Red Cross CPR and AED for Professional Rescuers is fundamental training. Without the successful completion of this training, candidates are ineligible to become lifeguards. In the event that a lifeguard candidate is unable to satisfactorily pass the CPR/AED for Professional Rescuer portion of their training, his/her name will be removed from the roster and the class fee will be refunded in full, save the \$20 deposit and the \$50 CPR/AED-Professional Rescuer fee.

We are honored that you have chosen the YMCA as the place for your training. If there are any conflicts with the class dates, contact the YMCA prior to the first day of class. For any other questions or concerns, please contact Reuben Hawks at 963.3605 or rhawks@ymcagreenville.org.



YMCA

We build strong kids,
strong families, strong communities.

YMCA of Greenville
Golden Strip Family Branch
100 Adams Mill Rd.
Simpsonville, SC 29681

Phone: 864.963.3605

Fax: 864.963.9622

Email: rhawks@ymcagreenville.org



**American
Red Cross**

Lifeguard Training

February 25—
March 8, 2008



Hosted by:

**Golden Strip
Family YMCA**



The YMCA of Greenville, following the example of Christ, builds healthy spirit, mind, and body for all.

Cost:

- YMCA Member**
\$110 (incl. \$20 deposit)
- General Public/Non-Member**
\$145 (incl. \$20 deposit)

****This fee does not include the required materials for this class, which are American Red Cross Lifeguarding Manual and a CPR Face-mask. These 2 items may be purchased from:**
ARC Upstate SC Chapter
940 Grove Road, Greenville, SC 29605
Phone: 864.271.8222

Pre-requisites:

1. **Must be 15 years of age by the last date of class**
2. **Must successfully pass the American Red Cross Precourse (held on Monday, February 25, 7:30pm).**

ARC Precourse:

1. **Swim 300 yds continuously (100 yds front crawl, 100 yds breaststroke, and 100 yds of either front crawl or breaststroke)**
2. **In 1 min, 40 sec:**
Swim 20 yards, surface-dive to 9 feet to retrieve a 10 pound brick, and swim back 20 yards to the starting point, holding the brick at the surface of the water.

Step 1: Register Student (Print only)

Session: 08FEB

Program: 04AQARCGRD

Name _____ Birth Date / / (circle one) Male / Female

Home Phone _____ E-mail _____

Street Address _____ City _____ Zip _____

Parent/Guardian _____ Mobile/Work Phone _____

Medical Concerns _____

Step : Sign Registration

Release of Liability & Photo Release

In the event an accident occurs, I am aware that the YMCA does not provide accidental insurance, and I will not hold the YMCA responsible for any injury. The YMCA has my permission to take photographs of the above named student and use them in promotional materials (brochures, member newsletters, etc.)

(Signature of Participant; Parent or Guardian if participant is minor)

(Date)

Completion of Class

I understand that I must pay a \$20 non-refundable deposit to register for the American Red Cross Lifeguard Training. In the event that the above named student fails to satisfactorily pass the American Red Cross Precourse, I will be refunded in full, save the \$20 deposit.

In the event that the above named student fails to satisfactorily pass the American Red Cross CPR/AED-Professional Rescuer portion of the class, I will be refunded in full, save the \$20 deposit and the \$50 CPR/AED-Professional Rescuer fee.

I understand that the student must attend all sessions and pass the final exam to receive any American Red Cross certification. In the event that the above named student does not satisfactorily pass the final exam, the Lifeguard Training fee will not be refunded.

(Signature of Participant; Parent or Guardian if participant is minor)

(Date)

Cancellation Policy

I understand there is a minimum of 3 participants required to constitute a Lifeguard Training. I understand that I need to notify the YMCA before the start of this Lifeguard Training course if there are dates that I will not be able to attend. The American Red Cross Instructor will then advise the student on the appropriate course of action.

Refunds will not be given for missed classes.

(Signature of Participant; Parent or Guardian if participant is minor)

(Date)