

## **SAIL Rule Exceptions, Clarifications & Interpretations - 2008**

These exceptions, clarifications and interpretations are made from the USA Swimming Rules and Regulations. Reference to the USA Swimming Rules and Regulations is provided.

### **Butterfly (101.2.2)**

In USA Swimming, the arms must be brought forward over the water. In SAIL, both arms must break the surface of the water while being brought forward. The arm is defined from the shoulder to the wrist.

### **Age Group Competition (102.1.2)**

Unlike USA Swimming, SAIL recognizes an 8 and under age group.

### **Relays (102.4)**

No swimmer may swim more than one medley relay and one freestyle relay in any meet.

Relays must consist of at least three swimmers in the designated age group and no more than one swimmer may be "aged up" from the immediate prior age group.

Under no circumstances may a:

1. relay consist of more than one swimmer from another age group;
2. swimmer "age down" for a relay (or any other reason);
3. swimmer swim in more than one medley relay and one freestyle relay in any meet;
4. swimmer "age up" more than one age group;
5. swimmer "age up" if the team has enough swimmers in the age group to form a relay.

The names of the four relay participants must be listed on the relay card. The order in which the participants will swim in the relay must be clearly designated.

### **Scoring (102.7.3)**

Dual/Tri meets are not scored.

Division meets are scored as follows:

12 places – 13,11,10,9,8,7,6,5,4,3,2,1 Relay scores are not doubled.

For next season's division determination, all division results are combined and scored 60 places with a value of 60 through 1.

### **Water Depth (103.2)**

Applicable except for racing starts shall be a water depth of 3.5 ft. It is recommended that teaching racing starts should conform to the stated rule.

### **Disqualifications (102.10)**

It is customary during the first dual/tri meet of the season for the stroke judges to be lenient on the children in the 8 and under age group.

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